February 2023

Dear PH Families:

This Wednesday, February 22 we recognise “Pink Shirt Day” as a special opportunity to promote kindness and anti-bullying in a variety of ways.

Parent volunteers will provide a cookie to every student on Wednesday to encourage them to remember the importance of kindness! Volunteers will also collect donations of funds or play equipment (e.g., balls, skip ropes, sidewalk chalk, badminton rackets, safe yard games) to fill “Friendship Buckets” located outside the main entrance of the school. All the raised funds and/or new or gently used play equipment will directly benefit students by providing items and activities to help support friendship building and peer connections during outdoor play times.  Again, cookies will be distributed on Wednesday for *all* students to enjoy as a special treat! (Donations optional)

\*If a student has a food sensitivity or allergy, please connect with your child’s teacher. Please see below for the ingredients lists and let your child’s teacher know if a gluten-free option is required (both cookie options come with icing).

 Cookies are baked according to “Food Safe” requirements and individually packaged.

Thank-you for your support!

**Sugar cookies recipe:**  
- butter  
- icing sugar   
- eggs   
- pure vanilla extract   
- all purpose flour   
- baking soda  
- salt

**Icing**  
- meringue powder  
- icing sugar  
- colouring   
- pure vanilla extract

- White corn syrup

**Gluten Free Cookie Ingredients:**  
  
Gluten Free Flour blend  
- white rice flour  
- brown rice flour  
- cornstarch   
-milk powder   
-tapioca flour   
- potato starch  
- xanthan gum  
Baking powder  
Salt  
Granulated Sugar   
Powdered sugar   
Cream cheese  
Butter  
Egg  
Vanilla